Increasing rates of cancer, diabetes, learning disabilities, obesity ... along with rising health care costs have underscored the need for primary prevention. Preventing the start of a debilitating illness may be the only cure, truly Prevention Is The Cure. Here are some basic cancer incidence facts: at least 50% of all cancer cases are caused or promoted by lifestyle and environmental factors. Exposure to toxic contaminants during vulnerable pre-natal, childhood and puberty periods can result in developmental disabilities and health disorders, including cancer, later in life. Weight gain is a risk factor for many cancers; and diet & exercise can reduce risk for cancer.

Road Map for Prevention is part of the Huntington Breast Cancer Action Coalition, Inc. (HBCAC) education campaign to stream a flow of environmental information to cancer survivors and their families, promote dialogue among communities across NY State to help reduce toxic exposures, while encouraging a new generation of health professionals to seek a career in environmental public health. The Road Map for Prevention provides evidence-based knowledge to diverse populations regarding risk factors for disease and how to optimize health. Over the past year working with highly regarded pediatricians and researchers from Mount Sinai School of Medicine we’ve met with child care professionals, Suffolk and Nassau Counties Child Care Councils, the Suffolk County Cancer Awareness Task Force, PTA Councils, Huntington’s Women’s Advisory Council, high schools, Long Island Teens Environmental Activists (LITEA), faith-based minority groups and at various outreach functions, providing risk reduction strategies. Public interest and practice in prevention is growing and along with that the involvement in public health reform is evident. We’re questioning new technology as it spins into the marketplace. The need to prove if a product is safe before discovery of harm; cleaning products, sun screens, hand sanitizers, plastics, flame retardants, personal care products, synthetic turf, the list goes on. We’re discovering the importance of taking the time to read labels, and now that’s being made easy with online apps.

Change cannot take place without a strong partnership of the community, the medical professionals, and our elected officials.

(Continued on page 3)
IMPORTANT REFERRAL INFORMATION

L.I. Community Breast Cancer Groups

- Babylon B.C. Coalition
  www.babylonbreastcancer.org
- Brentwood/Bayshore B.C. Coalition
  www.bbbcc.org
- Great Neck B.C. Coalition
  www.greatneckbcc.org
- Huntington B.C. Action Coalition
  www.hbcc.org
- Islip B.C. Coalition
  www.islipbreast.com
- Long Beach B.C. Coalition
  www.longbeachbcc.org
- North Fork B.C. Coalition
  www.northforkbreasthealth.org
- South Fork B.C. Coalition
  www.southforkbreast.org
- South Fork Ground Water Task Force
  www.southforkgroundwatertaskforce.org
- West Islip B.C. Coalition
  www.wibcc.com

Breast Cancer Support Groups

- Adelphi NYS Support Program
  and B.C. Hotline 800.877.8077
  www.adelphi.edu/nysbreastcancer/index.html
  www.aheadfoundation.org
- Breast Cancer Options
  845.657.8222
- Breast Cancer Coalition of Rochester
  585.473.2177
- B.C. Net. of West. NY
  800.533.6825
- C.R.A.A.B. Capital Region Action Against Breast Cancer
  www.crab.org
- Huntington Hospital Support Group
  631.351.2568
- IBCA Ithaca B.C. All.
  www.ibca.net
- Latino Health Initiative
  www.iili.org
- LI Chapter, Nat’l Ovarian Coalition
  www.ovarian.org
- LI Lesbian Cancer Init.
  www.lili.org
- New York State B.C. Support
  & Education Network
  www.nysbcsen.org
- North Shore University Hospital
  516.926.HELP
- SHARSHERET www.sharsheret.org
- Sisters Network of Greater N.Y.
  516.385.5495
- Suffolk YJCC Breast & Ovarian
  www.suffolkycjc.org
- University Hospital at Stony Brook
  631.444.4970
- B.C. Ctr.
  631.444.4550
- Women’s Outreach Network
  800.564.6688
- Young Survival Coalition
  www.youngsurvival.org

Cancer Information Services

- Cancer Action NY
  315.393.1975
- Cancer Awareness Coalition
  www.cacinfo.org
- Children’s Hlth. Ctr.
  866-265-6201
  631.760.2169
- Huntington Hospital Women’s Center
  631.351.2564
- L. I. OCEAN, Ovarian Cancer Ed. & Adv.
  631.928.0289
- Memorial Sloan Kettering
  800.525.2225
- Nassau Healthcare Corp. Breast & Cervical Screening
  Program www.numc.edu
- Nassau-Suffolk Law Services
  www.nsls.org (B.C. Legal Advice)
- North Shore LIJ Health System
  www.northshorereal.org
- SHARE www.sharecancersupport.org
  (bilingual)
- SUNY University at Stony Brook
  800.UMC.2215

National Organizations

- American Cancer Society
  www.cancer.org
- American Heart Association
  www.americanheart.org
- American Lung Association of NY
  www.lungusa.org
- Cancer Care
  L.I.Division www.cancercare.com
- Cancer Information Services
  www.mskcc.org
- DES Action www.desaction.org
- NCI Cancer Trials
  http://cancertrials.nci.nih.gov
- National Institute of Environmental Health Sciences
  www.niehs.nih.gov
- National Cancer Institute
  www.nccn.org
- NY State Dept. of Health
  www.health.ny.gov
- National Alliance of B.C. Org. (NABCO)
  212.889.0606
- National B.C. Coalition (NCBC)
- National Center for Complementary & Alternative Medicine
  www.nccam.nih.gov

Resource Websites

- Annie Appleseed Project
  www.anneappleseedproject.org
- Birth Defects Res. for Children
  www.birthdefects.org
- Breast Cancer Answers
  www.bioest.wisc.edu/bca.html
- The Breast Cancer Fund
  www.breastcancerfund.org
- Breast Cancer & the Environment Research Program
  www.bcrep.org
- Breast Cancer Options
  www.thebreastcancerinfo.com
- Cancer Links
  www.cancerlinks.com
- Cancer Treatments
  www.cancerhelp.org
- Centers for Disease Control & Prevent.
  www.cdc.gov
- Children’s Health and the Environment
  www.childrensenvironment.org
- CIRCARE Citizen’s for Responsible Care and Research
  www.circare.org
- Collaboration on Health & the Environment
  www.healthenvironment.org
- Environmental Advocates
  www.EANY.org
- Environmental Working Group (EWG)
  www.ewg.org
- Endocrine Disruptors
  www.endocrine-disruption.org
- Healthy, Healthy Schools
  www.ehp.niehs.nih.gov
- EPA’s National Pesticide Telecommunications Network
  www.ace.orst.edu/info/nptn
- Geographic Information System
  www.healthycities.org
- Healthcare Choices
  www.healthcarechoices.org
- Health Finder
  www.healthfinder.gov
- Healthy Child Healthy World
  http://healthychildhealthyworld.com
- Healthy Envr. Healthy Econ. HEHE
  www.hehe-ny.org
- Healthy Planet
  www.healthypost.org
- Male Breast Cancer
  www.infobreastcancerca/malebc.html
- Medline
  www.nlm.nih.gov
- National Ctr. for Complimentary & Alternative Medicine
  www.nccam.nih.gov
- National Lymphedema Network
  www.lymphedema.org
- Neighborhood Network
  www.neighborhood-network.org
- N.Y.P.I.R.G.
  www.nypirg.org
- N.Y. Coalition for Healthy School Lunch
  www.healthychild.org
- Office of Cancer Complementary & Alternative Medicine
  www.cancer.gov/cam
- Ped. Envr. Hlth. Spec. Unit
  www.niehs.nih.gov/epi/pehsu/
- Safe Cosmetics Campaign
  www.safecosmetics.org
- Safer Chemicals Healthy Families
  www.saferchemicals.org
- S.C. Energy & Environment
  http://www.co.suffolk.ny.us/upload/environment
- U.S. Environmental Protection Agency
  www.epa.gov
- Women’s Voices for the Earth
  www.womensvoices.org

HBCAC NEWSLETTER
Phone: 631-547-1518
Fax: 631-547-1520
746 New York Avenue,
Huntington, NY

Managing Editor: Samantha Graham
Art director: Robert Nieter

Contributing Writers:
Vincent Castillo, Gina Florentino-James, Samantha Graham, Lisa Krakter, Karen Miller, Rubab Rahman, Laura Sposato-Record, Siraat Zafar

Reprints: Silent Spring Institute Research Review
Proofreaders: HBCAC Volunteers

HBCAC BOARD OF DIRECTORS:
Nordeen Accardi, Rita Bender, Jean Brinkskelle, Beth Gilman, Rosalyn Haber, Marcy Usdan-Hyman, Karen Joy Miller, Steve Matonti

HBCAC PROGRAM COORDINATORS:
Prevention is The Cure: Karen Joy Miller
Lend A Helping Hand: Rosalyn Haber and Marge Yasin
Integrated Health Network:
Dr. Sal Masi, Joanne Christopher, Miriam Goldstein
B.A.T. Breast Awareness Training:
Beth Gilman & Jean Brinkskelle
Art & Facts Kit:
Marcy Usdan-Hyman

HBCAC • P.O. Box 1446, Huntington, NY 11743 • 631.547-1518 • fax 631-547-1520 • Website: www.hbca.org • email: friends@hbca.org
HBCAC … Our Success Story

Over the past twenty years, Huntington Breast Cancer Action Coalition, Inc. (HBCAC) has provided access to care and support to families challenged by breast cancer. Our organization has initiated; fostered; partnered; sponsored; spearheaded; created; collaborated and disseminated science-based information to moms, dads, teens, elementary school children, seniors, legislators, and regulatory agencies. We take our responsibilities very seriously.

With continued high rates of breast cancer, there is increased need to translate and convey easy to understand health messages of the latest information that is critical, and can effectively influence personal behavior, potentially decreasing the risks of disease later in life. Long Island has a wealth of geographic, socio-economic and ethnic diversity. There is an obligation to translate the latest science to our community. Initiating and creating various educational programs and products have made a difference in public health. Huntington Breast Cancer Action Coalition is proud of its contributions.

Grassroots groups like HBCAC are working within our community every day, in food markets, at town halls, schools, libraries and cultural centers. Bringing insights, concerns and wisdom from the community to the research establishments and medical professionals is our passion as well as providing women and their families access to care and encouraging that their voices are heard and their struggles are addressed. Ensuring that all voices have a seat at the table when it comes to the health of our family is paramount.

Access to care, the environment, communication and our community are the items that drive us every day! The continued support helps HBCAC to meet the challenges to accomplish our goals.

We are only a phone call away … (631) 547-1518

ROAD MAP FOR PREVENTION

(Continued from page 1)

Over the years, we’ve come to call it - The Iron Triangle. “I’m proud to work with the Huntington Breast Cancer Action Coalition in their fight against breast cancer. The more we know about the disease and its risk factors, the better our chances are for prevention. I am encouraged by HBCAC’s efforts and am hopeful that the Roadmap for Prevention will bring increased awareness to Long Island,” said Rep. Israel, who secured $100,000 in federal funding for HBCAC.”

This year, HBCAC with our partner the Great Neck Breast Cancer Coalition who initiated the Students and Scientists Environmental Research Scholarship Program has sponsored nine new high school students to participate in the 2011 summer internship experience. Our sincere thank you to the Huntington Town Council, Huntington Supervisor Frank Petrone, Suffolk County Legislators Steve Stern Lou D’Amaro, and Jon Cooper, as well as our U.S Representative Steve Israel for making this year’s student scholarship program a success. Many of our students are sophomores, and this opportunity will enable them to share their hands-on experience with their schools when classes begin next fall, as well as initiate teen led environmental programs. LITEA is one example. I’m proud to report representatives from many of the high schools throughout Suffolk, Nassau and Queens have joined LITEA merging their resources and influence. This year they will be working together to address the impact of environment on public health. Collectively, we have placed over 30 students through this program. Our students have been accepted into Columbia, Cornell, Brown, Dartmouth, Davis, and Yeshiva to name a few. Each alumnus has given back to their diverse communities and has gone on to truly be our guardians of the future.

The road map is not complete without the translation and dissemination of the research. Translation and dissemination of science is paramount and that is where community groups have made significant contributions. Working within our communities, we know firsthand the problems and concerns of our neighbors. Identifying those concerns to the researchers working with a diverse team of experts; writers, artists, social workers, scientists, community leaders, health care professional’s the translation process begins. The definition of translation is as follows: the transfer of scientific discoveries from laboratory into effective interventions at the population level providing usable data and information for multiple audiences and multiple uses creating scientific, regulatory, public health policy initiatives. Distribution of evidence-based research findings should reach and influence clinicians and other health professionals, patients, program planners and policy makers in ways that ultimately reduce disease in society. Following a clearly defined “road map” from concern to research to public health policy will most assuredly address the high rates of disease.

“I’m proud to work with the Huntington Breast Cancer Action Coalition in their fight against breast cancer. The more we know about the disease and its risk factors, the better our chances are for prevention. I am encouraged by HBCAC’s efforts and am hopeful that the Roadmap for Prevention will bring increased awareness to Long Island.”

— U.S. Representative Steve Israel

HBCAC • P.O. Box 1446, Huntington, NY 11743 • 631.547-1518 • fax 631-547-1520 • Website: www.hbcac.org • email:friends@hbcac.org
Long Island Teen Environmental Activists (LITEA) Update 2011

By Rubab Rehman, past president

U.S Representative Steve Israel and Karen Miller, President of the Huntington Breast Cancer Action Coalition, spoke to teens about environmental hazards and their effects on human health at a recent meeting of the Long Island Teen Environmental Activists (LITEA). The audience was comprised of students from Walt Whitman, Huntington, Syosset, and John Glenn High Schools. Congressman Israel’s discussion centered mainly on the relation between environment and the economy. Although most people would think that increasing the scope of environmentally friendly goods and services would be costly to us, the Congressman struck down this assumption and asserted that such action would actually expand the job market. He also emphasized his past policy-making record for consumer protection, such as enacting legislation to remove arsenic, a known carcinogen, from our poultry supply. Currently, the Congressman’s agenda includes increasing the efforts to find safe and renewable energy sources. He is also collaborating with other members of Congress to work on reducing our dependency on foreign oil.

Congressman Israel is sponsor of the Household Product Labeling Act which requires manufacturers to disclose all ingredients used in the making of their cleaning products. The event concluded with both guest speakers answering questions from the audience ranging from how cost-effective some of the programs were to how students could take action to promote environmental sustainability.

If any students are interested in joining the Long Island Teen Environmental Activists, please contact HBCAC office at (631) 547-1518.

Rubab Rehman, past president introduced the Congressman. Rubab will be attending Columbia University this fall.

Topics discussed were Green Energy, Green Economy, and Green the new “Pink”
MALE CALL:
By Vincent Casillo

HBCAC was recently introduced to a special member of the Huntington community. Mr. Casillo sponsored a summer event to raise funds for local charities in memory of his wife Maryjayne Casillo. We want to share his story:

My wife Maryjayne was diagnosed with breast cancer over 20 years ago. She endured many surgeries, breast removal, reconstructive surgery, chemotherapy, radiation, remission, reoccurrence, etc.; until 5 years ago when it came back with a vengeance. Toward the latter, I witnessed suffering that no human should have to endure. After 42 years of marriage my best friend and my backbone was taken from me. The shock of her loss remains with me to this day and the “Maryjayne Casillo Foundation for Breast Cancer Research” has become my mission in life.

It is my way of honoring the memory of the love of my life and at the same time raising funds so that perhaps we can someday help find a cure for this insidious disease or at the very least prevent at least one individual from enduring the suffering that my Maryjayne endured. In three short years our fund-raiser in June of each year has grown from a small gathering of 20 some people at Rookies sports restaurant in Huntington to our 3rd annual fundraiser this past June 24th @ Mac’s steakhouse. We had over 80 people in attendance who participated in a fun evening with food, drink and many raffles. We raised over $6,000. Presently all the funds raised are given to Memorial Sloan Kettering Cancer Center in NYC.

I was blessed to be introduced to Karen Miller, a very special lady and a “joy” to know who has opened my eyes to the possibilities of doing so much more with the foundation. As I mentioned in my prior statement this foundation and its success has become my mission in life and I am determined to see to its continued success and growth.

STUDENTS AND SCIENTISTS UPDATE 2011

With summer underway, nine deserving high school students who have demonstrated their keen interest and exemplary abilities were chosen to represent Huntington Breast Cancer Action Coalition, Inc. and Great Neck Breast Cancer Coalition for summer 2011. Through Students and Scientists Environmental Research Internship, these students are provided full scholarships enabling the partnership to continue between community grassroots coalitions, local students, research centers and school districts.

The following are summer internship placements for July-August 2011:

Stony Brook University, Biomedical Engineering, Long Island
Dr. Balaji Sitharaman
Kayla Neville, Commack H.S.
John Yang, Great Neck South H.S.

Tufts University School of Medicine, Boston, Mass.
Drs. Ana Soto and Carlos Sonenschein
Melissa Wing, Northport H.S.
Vita Jaspen, Great Neck South H.S.

Silent Spring Institute, Newton Mass.
Julia Brody, PhD and Ruthann Rudel
Megan Hansen, Huntington H.S.
Catherine Wang, Great Neck North H.S.

(Continued on page 10)
RESEARCH UPDATE:

Silent Spring Institute recently published a new review on early exposure to common chemicals and affects on breast health.

The full study can be viewed online at www.silentspring.org/mammary-gland-review.

This comprehensive review concludes that exposures to common chemicals during critical windows of development may influence breast growth, ability to breast-feed, and breast cancer risk later in life. The male breast is also sensitive to these chemicals. The review is authored by scientists from Silent Spring Institute, NIEHS, EPA, and the California Breast Cancer Research Program.

The review and a related editorial identify a major gap in chemicals safety testing. New testing programs that were developed to evaluate endocrine disruptors are finding effects in males but ignoring possible effects on the breast. Testing chemicals for effects on the breast would be an important step toward breast cancer prevention! Some of the chemicals that may affect breast development include BPA, atrazine, dioxin, PBDEs, PFOA, dibutylphthalate (DBP), and nonylphenol.

An article published June 22, 2011, in the peer-reviewed journal Environmental Health Perspectives reports the conclusions of an international workshop on the effects of mothers’ exposures to chemicals in the environment on their daughters’ developing breasts. Exposures to the developing fetus and newborn may program changes that cause problems in breastfeeding, increase the risk of breast cancer, and result in enlarged breasts in boys and men. Current chemical safety testing does not include these effects. Participants included experts in breast biology, cancer biology, epidemiology, and risk assessment along with public health advocates.

The study was authored by scientists from Silent Spring Institute, the National Institute of Environmental Health Sciences (NIEHS), the US Environmental Protection Agency (EPA), and the California Breast Cancer Research Program (CBCRP).

Visit Silent Spring Institute website for available fact sheets, tips for moms and a table of chemicals that affect breast development. www.silentspring.org

Walk 97.5 FM Radio Cares ...
raising significant money for LI Breast Cancer Charities through Walk for Women Fund

LI charity organizations take a moment to smile for the camera at a June educational lunch hosted by Walk FM Radio. Our dear friend Linda Healy (seated 2nd from left) of Walk FM Radio made a pledge to raise awareness of breast cancer and join forces with local charities to support their services and programs.

IN THE SPOTLIGHT

Jasia Mirza

HBCAC had the privilege of initially meeting Jasia Mirza Rehman at an interview for her daughter Tehreem in 2007 for our Students and Scientists Environmental Research Scholarship program. Tehreem was the first student participant in this summer internship program. From day one, Jasia has shown a genuine interest in not only both her daughters’ educational interests (daughter Rubab participated in 2009), but in the overall health mission of HBCAC. Jasia took on a leadership role as parent liaison with the Long Island Teen Environmental Activists (LITEA), an environmental awareness group spearheaded by her daughters. This volunteer effort has provided opportunities for promoting public health messages through high school students and their peers. Jasia has helped to coordinate student volunteer meetings, and is always willing to participate at various outreach events. It is evident that the Rehman family’s deep sense of community derives from Jasia’s heartfelt commitment to helping others.

Take a bow Jasia … for being a role model for your family and to our community at large

Justin Giannone

As a community grassroots group, HBCAC has been extremely fortunate over the years to meet and develop new relationships within our community. The success of all our programs has been measured by the contribution of time and creativity of our neighbors. A few years ago, we met Justin Giannone through our Golf Event sponsors, Edge Electronics, Inc. The CEO of this Long Island Company, distributors of electronic components is Adrienne Giannone, a dynamic, savvy, civic minded woman. A Mother first and foremost, she introduced us to her son Justin, Edge Electronics Corporate Communications Manager. Justin knew from the start he wanted to get involved with our Students and Scientists Environmental Research Scholarship Program. He has taken his responsibility as an advisory committee member very seriously. Participating in the interview process, Justin has the capability of putting our high school students at ease while asking insightful questions. With the task to place these extraordinary students at world-renowned laboratories, he has a keen sense and ability to match them with right placements. Our team, led by program coordinator Lisa Kratter, along with Liz Holbreich & Karen Miller welcome Justin Giannone.

Take A Bow, Justin …. for taking a leadership position to influence guardians of the future.

Shelby Bloom-Poole, Nicole Benincasa, Cecilia Greenhut, Kathy Horowitz, Dale Schreiber

Talk about dedication! With boundless energy, endless enthusiasm, and determination to get the job done right! HBCAC proudly recognizes the efforts of five superb Bag Ladies Benefit volunteers. Each took on leadership roles, devoting many months to coordinate vital aspects of our fundraising event.

Nicolet Benincasa and Shelby Bloom Poole mobilized a committee of volunteers into action while personally setting out to create a “Night of Splendor.” Working morning to night, Nicole and Shelby collected and received hundreds of phenomenal raffle prizes that were transformed into Premium Raffle and Silent Auction packages. Utilizing the facilities at Jackson’s Restaurant, Commack, these ambitious ladies worked tirelessly with devoted committee members creating beautiful, enticing prizes. Not enough praise can be given on their behalf!

Cecilia Greenhut, Kathy Horowitz, and Dale Schreiber demonstrated extraordinary efforts to present the “Hottest Handbags” for our Handbag Silent Auction; hence the name “Bag Ladies Benefit.” Receiving close to 150 donations, these three team players, along with committee members mixed hard work with fun. Each handbag was assessed in value, a bidding price determined, and then categorized according to style. An added dimension orchestrated by the threesome was the Fine Jewelry Silent Auction.

Accolades to these remarkable women … Shelby, Nicole, Cecilia, Kathy, and Dale.
Legislative Updates

Reduce Toxic Chemical Exposure Support Reform of Toxic Substances Control Act

US Senators Charles (Chuck) Schumer & Frank Lautenberg have co-sponsored this important legislation and are fighting for its passage.

The U.S. has the opportunity to prevent rising rates of chronic disease and reduce health care costs by overhauling federal chemical policy. Evidence is strong and growing that chemical exposures contribute significantly to the rise in many chronic diseases, according to this new report synthesizing peer-reviewed science. As the U.S. debates the costs of health care and its reform and New York State continues to be in a fiscal crisis, “The Health Case” documents the enormous health care costs of treating cancer, learning and developmental disabilities, asthma and other diseases and conditions linked to chemical exposure, according to recent studies. By updating toxic chemical laws, the report found that Congress would reduce exposure to chemicals contributing to chronic diseases.

Conservative estimates show that if reductions in toxics led to even a 0.1 percent incidence of these diseases the US would save $5 billion annually in health care costs, and New York would save nearly $300 million annually. These dollar figures are based on expected health care costs projected for 2020, and assume full implementation of the new legislation by that year. The Safer Chemicals, Healthy Families coalition has estimated health care cost savings on a state-by-state basis, using census figures projected for 2020. The report summarizes a number of peer-reviewed studies that estimate the disease burden attributable to chemical exposure. These estimates vary widely, from five percent of childhood cancer to 30 percent of childhood asthma.

Please take a moment and let YOUR VOICE be heard to ban the chemical BPA....

EPA Considering New Toxicity Testing and Environmental Sampling for BPA

WASHINGTON – Following a BPA Action Plan announced in March 2010, the U.S. Environmental Protection Agency (EPA) is requesting public comment on possible toxicity testing and environmental sampling to study BPA’s potential environmental impacts. BPA has been shown to cause reproductive and developmental effects in animal studies. This action is part of Administrator Lisa P. Jackson’s comprehensive effort to strengthen EPA’s chemical management program and assure the safety of chemicals that Americans encounter in their daily lives.

BPA is used in the manufacture of a wide range of consumer and industrial products including food-can liners, hard polycarbonate plastics, epoxy paints and coatings, and thermal papers, including some cash register receipts. Releases of BPA to the environment exceed 1 million pounds per year.

“A number of concerns have been raised about the potential human health and environmental effects of BPA,” said Steve Owens, assistant administrator for EPA’s Office of Chemical Safety and Pollution Prevention. “The data collected under the testing EPA is considering would help EPA better understand and address the potential environmental impacts of BPA.”

In January 2010 the U.S. Food and Drug Administration announced it would further examine potential human health effects and reduce exposure to BPA in the food supply, which represents the greatest source of exposure to people. EPA is working with FDA, Centers for Disease Control, and the National Institute of Environmental Health Sciences on research under way to better determine and evaluate the potential health consequences of BPA exposures. At the conclusion of that research, EPA will determine if additional actions may be needed to address human health concerns.

The Endocrine-Disturbing Chemicals Exposure Elimination Act of 2011

The National Institute of Environmental Health Sciences (NIEHS) is the leading health research agency exploring the causation of disease. The Endocrine Disrupting Chemicals Exposure Elimination Act of 2011 facilitates cooperation between the NIEHS, the Environmental Protection Agency (EPA) and other regulatory agencies to help reduce human exposure to chemicals identified as endocrine disruptors.

What is Endocrine Disruption? In the early weeks of prenatal development (in the womb) very small concentrations of certain chemicals can potentially disrupt any of our
Over 35 high school students from Long Island were in attendance at the inaugural conference for BCERP.

Stimson MS students raised funds from their Penny Wars campaign and chose HBCAC as the recipient of $1,000 donation.

Karen Miller was a guest speaker at a Witness Project of LI breakfast meeting discussed “Why So Much Cancer” - Stacy Villagran, Attorney Denise Snow, Veronica Meadows-Ray.

Karen attends the World Science Festival with key speaker, Alan Alda, who works closely with Stony Brook University’s Center for Communicating Science (person to right is Director Elizabeth Bass MPH)

Friends get together at a Spring luncheon to benefit VIBS, Karen Miller, Rhonda Weinman, Lisa Kratter and Janice Beibin

Mt. Sinai hosts Annual Greening Our Children Luncheon, Karen shown here with Dr. Phil Landrigan
Our Children ARE Our Future
By Laura Sposato-Record

Are we finally seeing the light? Is a new paradigm about our global footprint finally reaching the masses? Can we be cautiously optimistic about a major shift in consciousness and the shedding of irrational beliefs and behaviors about health and wellness? Several forces are at work and the stars are aligning to create new belief systems that can lead to major behavior changes on the part of individuals, communities, and hopefully the world.

The idea that global warming is a scam put out there by left wing organizations is itself a scam. Have you been living under a rock lately? Our carbon footprint MATTERS! It alters the world permanently. The latest tragedy and catastrophe in Japan is an example to us all about how fragile our ecosystem is in the wake of a natural disaster. We have no choice but to save our planet. Our children and their children deserve this.

The good news is our children are being educated to adopt preventative and proactive habits that give them the foundation and skill to navigate this complex world. The HBCAC should be extremely proud of the amazing educational resources it provides to ALL children in our community. The LEAP Program, Students & Scientists, and the most current endeavor of teaching advocacy skills to young adults will alter the way this community sustains itself. Thirty years ago we drove our children around on our laps! Imagine that. The mantra “Buckle Up” was being taught in Pumpkin Patch Day School in Commack where my son attended. He brought home art work with construction paper seat belts and aluminum foil buckles. Every time we got in to the car a little voice from the back seat would say, “Buckle up, Mommy”. Look how far we have come and how many lives we have saved.

Children are becoming more aware of what they put in and on their bodies. Thanks to Michele Obama and Alice Waters, we are learning about organic gardening, healthy eating and staying local for our produce. As a retired Family and Consumer Science teacher, I can attest to the passion and excitement on the part of students who have opportunities to prepare healthy meals and eat them. Those skills were taken home with them and many prepared meals regularly and exposed other family members to new eating habits.

I attended the 2011 Advocacy Day, March 15th in Albany with Karen Miller the founder of HBCAC, along with a group of fabulous young women from Long Island and students who had the good fortune to participate in the Student & Scientists Program, sponsored by HBCAC. We were advocating for legislation addressing BPA found on sales receipts and also for a bill that advocates for equity in coverage for IV chemotherapy and oral chemotherapy. The two young brilliant students spoke knowledgeably and confidently about these proposed bills. It was so impressive and gives me tremendous hope about our young people and their passion for changing the world.

The good thing about behavior is that it’s contagious. The bad thing about behavior is that it’s contagious. What train do you want to be on? The medical model of health is fractured. We need to be proactive not reactive. It is time to bring wellness on stage as the goal to achieve. Thank Dr. Oz and others for talking about how our behavior is directly related to our survival and quality of life. We need to SUPPORT programs in school that teach principles of “Prevention Is The Cure.” How dare we even consider any other possibility?

Our children ARE our future. From the trenches, I can tell you most kids WANT to be better. As Maya Angelou said - “When we know better, we do better.” Isn’t this the purpose of education? Put your faith and support into the organizations and programs that educate our children and give them the tools and skills to bring the rest of us with them. Our world depends on it.

STUDENTS AND SCIENTISTS UPDATE 2011
(Continued from page 5)

Fox Chase Cancer Center, Philadelphia, PA
Drs. Jose and Irma Russo
Joshua Solomowitz, Huntington H.S.
Harrison Ferlauto, Commack H.S.
Yonatan David, North Shore Hebrew Academy H.S.

Using sophisticated research assessments our students delved into uncovering endocrine disrupting compounds which contribute to cancer and disease. It is through the daily mentoring by teams of world renowned scientists that these young adults will work towards making a difference in the quest to prevent illness before it strikes.

For more information on the internship program, please contact HBCAC office via email to friends@hbcac.org or phone 631 547-1518.
LEAP into Action . . .

Women’s Advisory Council, HBCAC and Councilwoman Susan Berland co-host an environmental program on reducing children’s exposure to toxins.

Legislator Steve Stern invites HBCAC and Dr. Perry Sheffield, Mt. Sinai to discuss “Simple Steps to Protecting Our Children from Toxins”

Mt. Sinai’s Dr. Perry Sheffield, pediatrician and environmental health expert addresses how to protect families from toxic exposure.

Grandma Miller spending a weekend with Zack, Matthew and Hannah enjoying LEAP coloring book ... it’s never too early to learn about prevention.

Karen was invited to speak about environment and breast cancer to members of Empowered to the Third Degree, Inc.

Look Before You LEAP presentation at Elwood PTA Council meeting, April 2011
Enticing over 335 attendees, the Huntington Breast Cancer Action Coalition’s 6th Annual Bag Ladies Benefit held May 5th at the Hamlet Golf and Country Club in Commack, attained new heights. Our coalition is not comprised of one individual; rather we are a million lights beaming together. Each of us lending our hearts and abilities to making a difference in the quest to eradicate cancer and disease.

The collaborative efforts of an outstanding committee of volunteers, our treasured Office Manager, Samantha Graham, and highly capable April Hannan, along with the generosity of a wealth of donors and sponsors enabled our coalition to raise an unprecedented $80,000. What a fabulous evening it was! A lavish cocktail hour kicked off the evening with lovely live music provided by Distant.

Our esteemed 2011 honorees Liz and Stephen Holbreich

(Continued on page 20)
The 7th Annual Charity Golf Outing held June 8th showcased the second year fundraiser event to benefit HBCAC. The weather was hot and steamy, however, that did not deter the high energy displayed at the golf outing held at Stonebridge Golf Links and Country Club. The folks were on a mission to play a great game of golf, enjoy a fabulous dinner and have lots of fun … all while helping a good cause.

Event sponsors Edge Electronics is one of Long Island’s “superstar” businesses located in Bohemia. This woman-owned company distributes industrial electronic components and display products. The Giannone family has been recognized for their philanthropic efforts for many years; and their commitment to community and good business practices has been their foundation for success. Our second year together has raised significant funds for HBCAC, enabling us to continue offering free programs, such as our Students and Scientists Environmental Research Scholarship Program, as well as various survivor support services. Providing opportunities to educate and empower the public has been HBCAC’s mission. We are truly grateful to Adrienne Giannone and Justin Giannone, Edge employees and friends who support this annual event.

This year’s honoree Tom Finnegan came prepared … family, friends, co-workers came to enjoy the day and share in his special recognition. Tom has been a champion for HBCAC for over a decade. His ongoing commitment to end breast cancer and to help those diagnosed is unwavering! We are forever thankful to Tom for all he’s done for our organization.

When it comes to organizing a charity function, Debbie O’Rourke and the Eventide Group know their stuff. Debbie knows how to guarantee a flawless event putting her heart into everything she does. We appreciate all the hard work of golf committee members, working alongside Debbie and Erica Damato to ensure a successful, fun-filled event.
Reduce Toxic Chemical Exposure Support Reform of Toxic Substances Control Act

(Continued from page 8)

The primary federal law governing chemical safety is the Toxic Substances Control Act (TSCA), which has never been significantly amended since its adoption in 1976. EPA Administrator Lisa Jackson has identified comprehensive reform of the toxics law as a key Obama Administration priority, stating that the law fails to provide EPA with the authority it needs to ensure chemicals are safe. Of the 80,000 chemicals used in the U.S., EPA has been able to require safety testing on only 200. And 60,000 chemicals - including bisphenol A - were grandfathered in for use without any testing for health safety.

“Failure of TSCA has direct implications for the health of America’s children. Infants and children are uniquely vulnerable to toxic industrial chemicals. Research from CDC documents show that several hundred industrial chemicals are in all of us. Some of these chemicals are known to cause asthma, cancer, learning disabilities and birth defects,” said Philip J. Landrigan, MD, Pediatrician and Director, Children’s Environmental Health Center, Mount Sinai School of Medicine. “But for too many of the chemicals that are in us, no toxicity testing has ever been done. For too many of the industrial chemicals that are in us we have no idea of their potential toxicity to our children. This is very unwise and terribly shortsighted. Failure of TSCA is cause for great concern not only for the health of our children, but also for the future of our nation.”

“While the research community advances in their ability to identify hazardous chemicals and health outcomes, meaningful advances in public policy are overdue,” said Karen Joy Miller, President of Huntington Breast Cancer Action Coalition, Inc. and Prevention Is The Cure. “Strong legislation will provide the foundation for change.”

“This important report makes it painfully clear that we need an effective law to protect our families and friends from dangerous chemicals now routinely used in common household products. Current laws simply do not work, and have done virtually nothing to assure everyday Americans that our everyday products are safe,” said Stephen Boese, Executive Director of the Learning Disabilities Association of New York State. “The increasing incidence of neurological disorders, cancers and asthma point to chemical exposures that few understand and none can avoid. This is why chemical policy reform is so important, and this is why it is urgent for Congress and the President to enact effective legislation to assure the safety of products in the marketplace.”

“Scientific evidence is piling up, revealing how chemicals are contributing to the alarming increases we are seeing in childhood leukemia, learning disabilities, reproductive disorders and other health problems,” says Charlotte Brody, RN, National Field Director of the Safer Chemicals, Healthy Families coalition and lead author of the report. “But meanwhile the federal law that is supposed to protect us has stayed frozen in time.”

The Safer Chemicals, Healthy Family report visit http://healthreport.saferchemicals.org/
NIEHS Director, Division of Extramural Research & Training (DERT), Dr. Gwen Collman speaks with members of the Suffolk County Taskforce at their May 25 meeting.

Dr. Gwen Collman, NIEHS visits a research science class at Walt Whitman HS and speaks to an attentive group of students about pursuing a career in environmental public health.

Dr. Gwen Collman addresses the SC Child Care Council about why our children are at risk for chronic illness.

Huntington Rotary Club hosts an Annual Luncheon in October for breast cancer awareness month to benefit HBCAC. They provide much needed funds to help continue our community work.

Karen Miller briefs members of LITEA at a SC legislative public hearing on anti-smoking campaign proposed by Leg. Jon Coope

Kurt and Michael Bohlsen present HBCAC with a check from Prime restaurant proceeds, Think Pink 2010 campaign sponsored by the Bohlsen’s Restaurant Group. Shown here Karen Miller, Beth Fiteni, Jean Brinkselle, Roz Haber

HBCAC volunteers, Diana and Dawn Ross, and Roz Haber attend the First Annual LI Breast Cancer Summit held at Carlyle on the Green.
I knew it was a vital cause when I began volunteering with the Huntington Breast Cancer Action Coalition. I am an advocate of the valiant cause that HBCAC has devoted their precious time and energy to. I spoke in front of a legislative board on March 22, 2011, in favor of Resolution Number 1100. This resolution was a local law to increase awareness of the harmful effects of smoking. This was put in effect by placing pictures of diseased parts of the body caused by smoking. Public speaking was an amazing experience and I enjoyed it thoroughly. Volunteering with HBCAC has taught me the basic skills of public speaking, and I plan on helping to further their cause.

At the public hearing I attended, along with students and LITEA members, we all gathered knowledge from the many interesting points put forth by attendees. Some, about the several positive outcomes passing this law could change. Others, stating the harmful effects of smoking and how it is, “the single most important preventable risk to human health in developed countries and an important cause of premature death worldwide,” as the United States Centers For Disease Control and Prevention states. Cigarette smoking is responsible for nearly two million deaths in the developed countries, and half of these are middle-aged people, ranging from 30-60 years old. Attending and speaking at this legislative public hearing opened my eyes, and enlightened me about the harmful effects of cigarettes.

We are not the only ones who support the banning of cigarettes. Mayor Bloomberg recently passed a bill that will ban smoking in public parks and beaches. Violators will be subject to $50 fines. Unfortunately the police will not enforce this law. Instead, it will be enforced by public pressure. The FDA passed a prevention plan in June of 2009. The law gave the FDA the authority to regulate tobacco and to ban certain products containing nicotine. However, the law doesn’t allow the FDA to ban nicotine outright. The FDA is looking at 36 different labels and will seek public comment in selecting the images in June of 2011. If cigarettes don’t have the new label by October 22, 2012, they can’t be sold in the United States. The new cigarette warning labels will cover half the package’s front and rear and 20% of the top of cigarette ads. Executive director for the Foundation for a Smokefree America, Patrick Reynolds said, “This is going to stop kids from starting smoking… and it’s going to give smokers a strong incentive to quit smoking.” Margaret Hamburg, FDA Commissioner said: “Today, the FDA takes a crucial step toward reducing the tremendous toll of illness and death caused by tobacco use by proposing to dramatically change how cigarette packages and advertising look in this country. The health consequences of smoking will be obvious every time someone picks up a pack of cigarettes.”

Smoking has negatively affected countless numbers of people. Today, laws are being passed and additional initiatives are needed to fight tobacco use. The HBCAC has valiantly used it’s time and efforts to help promote health awareness, and I am proud to be a part of it.
The New York State Interagency Committee on Procurement voted on December 29, 2010 to approve a guidance policy requiring all NYS agencies to consider avoiding 85 toxic chemicals in products, services and technologies purchased by the state. Relying on federal priority lists, the list includes known and probable human carcinogens, persistent bio-accumulative toxins (PBT’s), PBDE flame retardants, PFOA (teflon-related chemicals) and Bisphenol A (BPA). To view the list of toxic chemicals and products in which they are found, visit Office of General Services website: http://www.ogs.state.ny.us/EO/4/docs/ExhF.pdf. This is the most comprehensive chemical avoidance purchasing list in the country and it will have a major impact on greening the marketplace with New York’s annual buying power of $9 billion.

“Since 1971 we have spent more than 1 trillion dollars on cancer research and treatment. New York State has taken a definitive step to address the links between epidemic cancer rates and the many toxic chemicals our families are exposed to every day,” said Advisory Council member, Karen Joy Miller, Huntington Breast Cancer Action Coalition, Inc.

“This is a win for public health since the targeted toxic 85 chemicals will now be on the radar screen of New York State’s purchasing agents. This policy has the potential to substantially reduce the public’s exposure to several carcinogens which are currently released into our environment through common consumer products”, said Laura Weinberg, president of the Great Neck Breast Cancer Coalition and an alternate member of the Governor’s Green Purchasing Advisory Council.

Patti Wood, Executive Director of Grassroots Environmental Education and member of the EO 4 Green Purchasing Advisory Council, says “New York is taking the lead with this groundbreaking policy to begin looking at keeping toxins out of the environment that present the greatest risk to people and the environment. All members of the Interagency Committee working on this issue should be congratulated for taking this important precautionary step.”

During a public comment period, 80 organizations and unions submitted letters of support of this guidance policy and only three businesses sent in letters of opposition. After a two year process, the Department of Conservation, Office of General Services, the Department of Health, Department of Transportation, NYSERDA and ESD all voted to approve the “Chemicals of Concern” guidance policy.

Members of the Governor’s Green Purchasing Advisory Council who worked diligently for five years on advocating for the list of chemicals of concern are: Huntington Breast Cancer Action Coalition (Karen Miller), Great Neck Breast Cancer Coalition (Laura Weinberg), Grassroots Environmental Education (Patti Wood), Center for Health, Environment and Justice (Anne Rabe), and WNY Council on Occupational Safety & Health (Roger Cook).

The list of 85 chemicals was derived from the following federal government lists:


3) Environmental Protection Agency Chemical Action Plan: (http://www.epa.gov/oppt/existingchemicals/pubs/ccactionpln.html).

Please take a moment and let YOUR VOICE be heard to ban the chemical BPA...
National breast cancer researchers, breast cancer advocates and over 30 students from Long Island High Schools convened on November 18th for the inaugural conference of the Breast Cancer and Environment Research Program (BCERP). The three day conference was held at the Roosevelt Hotel in New York City.

The conference was planned and organized by Karen Miller, HBCAC President, Laura Weinberg, GNBCC President and Kaya Balke of the University of California. The public portion open to general public theme was “Precautionary Principle to Public Policy: Building Blocks”. Since science is rarely 100% certain, the Precautionary Principle addresses that people act in the presence of concerning, sound scientific weight of evidence, as recently exemplified by legislative action taken to ban the chemical plasticizer Bisphenol A (BPA) in children’s products. Researchers, policy makers and advocates who presented spoke of the Precautionary Principle and emphasized that mounting scientific evidence is enough fodder for lifestyle and public policy changes.

The five-year national research initiative, Breast Cancer Environmental Research Project (BCERP), is studying the impact of pre-natal-to-adult environmental exposures that may predispose a woman to breast cancer. BCERP is a continuation of a prior seven- year project called Breast Cancer and Environmental Research Centers (BCERC) where four national centers studied the blood work and urine samples of girls six to eight year old correlated with chemical exposure and diet. The same girls now in the BCERP project are teenagers and will be studied further by eight national Principle Investigators. The project is being sponsored by the National Institute of Environmental Health Sciences (NIEHS) and the National Cancer Institute. (NCI)

During the morning session of the conference, “Windows of Susceptibility” were discussed by researchers Lawrence Kushi, PhD, Sandra Haslam, PhD and Shuk-Mei Ho PhD. These sensitive time periods are the prenatal period, puberty and childhood adolescence when girls are most vulnerable to environmental toxins or fatty diets, which may place them at risk for getting breast cancer later in life. Also discussed by Dr. Ho, of the University of Cincinnati, was “epigenetics” which are changes in gene activity which can affect future generations. Dr. Ho emphasized that epigenetics is something we can take control of by reducing our exposure to environmental toxins, such as heavy metals, several solvents, and endocrine disrupting compounds such as Bisphenol A (BPA).

Dr. Kushi elaborated that puberty is occurring as early as seven years old today. Data suggests that girls with relatively low-fat, high fiber diets tend to reach puberty later. Dr. Frank Biro of the University of Cincinnati and a BCERP Principle Investigator recently said that “Body weight is still the main driver in the puberty clock, but not the only one. There are lots of others who believe that chemicals are major cause. I clearly believe that they are contributing.” It is important to note that early puberty is also a breast cancer risk factor due to an increased lifetime exposure to the hormone estrogen. Researchers of the BCERP program are studying the hormonal effects of the endocrine disrupting chemicals bisphenol A (BPA), found in certain plastics; parabens, found in cosmetics; and phthalates found in cosmetics and certain plastics.

During the second session of the conference, Dr. Gayle Windham discussed the impact of exposure to brominated flame retardants (PBDEs) in girls during windows of susceptibility. PBDES can be found in the upholstery of furniture manufactured before 2005 and in certain electronics. Janice Barlow, Executive Director of Zero Breast Cancer, discussed the important role of advocacy and community outreach. A special guest appearance during this session was made by Patti Lubin who is Senior Advisor on Public Policy for U.S. Senator Kirsten Gillibrand. Ms. Lubin stated that Senator Gillibrand supports the BCERP research initiative to find the connection between breast cancer and the environment.

The BCERP program ended with an important discussion by Judith Enck, EPA Regional Administrator, Region 2, about the wide range of chemicals that we are exposed to in our environment. Currently, 41% of people in the U.S. have been diagnosed with some type of cancer. She explained that 84,000 chemicals are in our environment, while only 200 of them have been tested for their toxicity, and only five have been banned since the EPA was created in the 1970s. Ms. Enck emphasized that the Toxic Substance Control Act is outdated and there needs to be chemical policy reform to protect public health and our environment. (There is currently a federal bill which addresses chemical policy reform called the Safe Chemicals Act.)

As part of the BCERP research initiative, NIEHS awarded a five-year grant to both Long Island coalitions to work as Community Partners with Principle Investigators Susan Teitelbaum and Jia Chen at Mount Sinai School of Medicine, in New York City. Drs. Teitelbaum and Chen will be researching Breast Cancer Genomics in Windows of Susceptibility to Endocrine Disruptors. The endocrine disrupting chemicals being studied are triclosan, found in anti-bacterial soaps and cosmetics, parabens, in cosmetics and phthalates, in cosmetics and certain plastics. The findings of this five-year study may provide us with a better understanding of breast cancer etiology and public health recommendations for changes in lifestyle that can be easily and widely implemented.

As Community Partners, HBCAC and GNBCC will establish an outreach and translation program for the Mount Sinai research project. They will also represent the community perspective in the interpretation of study results.

For more information: visit Breast Cancer Environmental Research Project at www.bcerp.org

**SAVE THE DATE**
November 16-18, 2011, Cincinnati, Ohio
Breast Cancer and the Environment Research Program (BCERP)
Extended Environmental Exposure Annual Meeting
Visit www.bcerp.org

HBCAC • P.O. Box 1446, Huntington, NY 11743 • 631.547-1518 • fax 631-547-1520 • Website: www.hbcac.org • email:friends@hbcac.org
Hidden Dangers of Summer and Winter Wood Burning Smoke

By Gina Florentino-James

A clean and warm heart is preferable to a sooty and warm hearth. What was once a home comfort — a toasty and inviting fire — is now considered an environmental hazard, an eco-problem. The fumes, dust, ash and particulate matter that emanate from wood-burning are risks to our health and heart.

A 2011 New York Times article highlighted this issue and has brought wider attention to this environmental hazard. According to the article (A Love Affair Cools, January 20, 2011 “Home” section) “…the fireplace, long considered a trophy…is acquiring a social stigma.” Diane Bially, a senior scientist with Natural Resources Defense Council, is quoted in the article. “The tiny particles can cause inflammation and illness and cross into the bloodstream triggering heart attacks as well as worsening other conditions” she says. And according to www.burningissues.org, wood smoke is chemically active in the body 40 times longer than tobacco smoke (Pryor).

Avoiding indoor smoke from fireplaces, and outdoor wood smoke chimneys and fire pits used during the summer is advisable. Municipalities across the country, including the Town of Huntington and state agencies such as the N.Y. Department of Conservation have codes and laws in place that protect you from excessive wood smoke from neighborhood fires, and to protect the health of their residents. The American Lung Association has long recommended avoiding wood fires altogether.

Wood burning is so “last two centuries ago.” As the New York Times puts it “among those who aspire to be environmentally responsible it (wood burning) is joining the ranks of bottled water and big houses.”

Since prevention is the cure, protect yourself, your family, neighbors and planet by being heart and lung healthy. Don’t burn! Let love and warm blood traipse through to your heart, not sooty, inflammation inducing particulate matter. By not burning — and by avoiding wood smoke — you can have a happy and healthy heart—and hearth.

For additional resources see: www.burningissues.org, TheDailyGreen.com and GreenBlizzard.com

The Endocrine-Disrupting Chemicals Exposure Elimination Act of 2011

(Continued from page 8)

The Endocrine-Disrupting Chemicals Exposure Elimination Act of 2011

biological systems. Many published scientific studies conducted during this critical time of development have shown these endocrine disrupting chemicals have impacted our central nervous system, the immune and metabolic systems and additionally many glands and organs. Endocrine disruptors may cause negative health outcomes that cannot be seen for decades and can be passed through many generations.

This act is essential to facilitate and strengthen current chemical legislation such as the Safe Drinking Water Act, the Clean Water Act, and the Clean Air Act, as well as new legislation such as the Safe Chemicals Act of 2011, the Endocrine Disruptor Screening Enhancement Act of 2010, and others.

How you can help
Please contact your US Senators and Members of the House of Representatives and ask them to cosponsor the bill.

Endocrine-Disrupting Chemicals Exposure Elimination Act of 2011, introduced by Congressman Jim Moran and Senator John Kerry.

Please support this important legislation!

Tris-Free Children and Babies Act (S 4085-A Grisanti/A 6195-A Sweeney)

(Continued from page 8)

children’s products more broadly. The NYS Assembly has already passed nearly unanimously the phase-out of decaBDE, and both the Child-Safe Products Act and restriction on chlorinated tris are pending in the Codes committee.

“The information in this study shows that New York needs to continue to play a leadership role in protecting children from toxic chemicals. I’m proud to be the sponsor of the deca phase-out, which passed the Assembly as part of our Earth Day package. Additionally, I am sponsoring legislation to remove chlorinated tris from children’s products and working to pass the broader Child-Safe Products Act. Both of these bills have been favorably reported from the Assembly Environmental Conservation Committee. The Legislature can accomplish meaningful protections for children in the remaining weeks of session,” said Assemblyman Robert Sweeney, Chair, NYS Assembly Environmental Conservation Committee.

“This study highlights the need for action in order to prevent children and infants from being exposed to toxic chemicals. While we need to protect our children from fire, we cannot protect our children by exposing them to these toxic chemicals. The industry needs to take ownership over their products, and do what is right and remove toxins from their products,” said Senator Mark Grisanti, Chair of the Environmental Conservation Committee.
Do You Know …

~ according to the American Cancer Society, one in five Americans will develop some form of skin cancer! There are over one million new cases of skin cancer diagnosed in the U.S. each year, outnumbering all other cancers combined. Melanoma is the most serious type of skin cancer and according to the National Cancer Institute over the past thirty years Melanoma rates in the United States have more than doubled.

~ the International Agency for Research on Cancer calls the sun’s ultraviolet rays a human carcinogen?

As you spend more time outside, the Cancer Awareness Task Force wants to remind everyone the things they can do to help prevent their risk of getting skin cancer:

- do not receive more than a few minutes of unprotected sun exposure between the hours of 10:00 and 4:00 each day; avoid tanning beds;
- wear protective clothing (hat, shirt, UV sunglasses, umbrella);
- apply a broad spectrum sunscreen with a Sun Protection Factor of 30 or higher (see chart below);
- get Vitamin D safely. Your health care provider can check your levels and make the appropriate recommendations; and conduct monthly exams - for details on how to conduct such an exam, you can go to http://www.skin-carephysicians.com/SkinCancerNet/skin_examinations.html

More information on Skin Cancer visit: www.suffolkcountyny.gov/cancerawareness
Further resource on sun screens visit: www.ewg.org/2010sunscreen/ewg_sunsceen.pdf

The SC Cancer Task Force was formed in 2004 and is composed of anti-cancer advocates, medical care organizations, cancer researchers and county staff from the departments of Health Services and Environment and Energy. Their mission is to educate residents regarding the prevention of cancer, to increase access to care and to expand cancer services for all county residents.

HBCAC’s Signature Fundraiser….

The 6th Annual Bag Ladies Benefit Takes on a Fresh Perspective

(Continued from page 12)

Twins. Added enhancements to the stunning handbags up for bid and unbelievable raffle packages included Silent Jewelry and Fine Wine and Champagne Auctions. Other prizes offered were works of art, theater and sports tickets, a yacht cruise, vacation packages, dining experiences, spa treatments, autographed items, and so much more. And ohhh, those parting favor bags were definitely “Oscar” worthy.

This year it was our privilege to honor a very special couple, Liz and Steve Holbreich. Both Liz and Steve seem to be of the mindset that the greater community is our family. Getting to know one another better and better, in a deeper way, we realize that each one of us has a special resource. Depending on one another for those resources, we create a community bond, developing skills and utilizing our expertise and time to the best of our abilities within the community. Liz and Steve are the embodiment of compassion and empathy for others. HBCAC is most fortunate to have been afforded the opportunity to recognize their efforts.

Nurturing existing programs at the heart of HBCAC are accomplished by the energy of so many. Savitha Rachna, a Commack School Student, highlighted the merits of being a participant in the Students and Scientists Environmental Research Scholarship Program. Savitha eloquently conveyed her own experience as a student researcher. How wonderful to report that funds raised from this year’s BLB has allowed us to appoint 5 students Merits of Scholarship to conduct environmental scientific research internships this summer. These eager, bright, young women and men are working with Principal Investigators at Fox Chase Cancer Center, in Philadelphia; Silent Spring Institute, in Massachusetts; Stony Brook University, on Long Island; and Tufts University, in Massachusetts.

It is our very own, Karen Joy Miller, Founder and President of HBCAC, whose tireless efforts on behalf of Prevention, Intervention and Effecting Change, and Public Awareness, is the guiding force of the Huntington Breast Cancer Action Coalition/Prevention Is The Cure. Under Karen’s leadership, Lend a Helping Hand, Students and Scientists Environmental Research Scholarship Program, and the Look Before You LEAP environmental health program continue to flourish.

It is with much gratitude and appreciation that we extend a special thank you to all that donated their time, effort and financial resources playing an integral part in creating a most memorable evening.
Chemicals found in everyday products:

**Dioxin** is a general term that describes a group of hundreds of chemicals that are highly persistent in the environment. Dioxin is formed as an unintentional by-product of many industrial processes involving chlorine, chemical and pesticide manufacturing, and pulp and paper bleaching. The major source of dioxin in the environment comes from waste-burning incinerators of various sorts.

**PAHs** (polycyclic aromatic hydrocarbons (contained in “Char”) are known to cause mammary tumors in animals. PAHs are a group of chemicals naturally found in coal, coal tars, oil, wood, tobacco and other organic materials. PAHs are released into the environment as the result of the incomplete burning of these materials. In the Long Island Breast Cancer Study, women who had more DNA damage from PAHs had higher breast cancer risk.

**PBDEs** (polybrominated diphenyl ethers) are commercially produced flame retardants that are often added to polyurethane foam, various plastic, and electronics equipment. They are endocrine disruptors that affect thyroid hormones. Ask if your favorite manufacturer uses PBDEs in their products. When possible, choose carpet pads, bedding, cushions, and upholstered furniture made from natural fibers including wool, cotton, and hemp.

**Triclosan** is an antimicrobial/bacterial active ingredient added to many consumer products to reduce or prevent bacterial contamination, or to stop the growth of fungi and mildew. It’s used as a preservative in personal care and home cleaning products; such as clothing, kitchenware, furniture, and toys, as well as antibacterial soaps, body washes, toothpastes, and some cosmetics. Triclosan is persistent in the environment and may be associated with endocrine (hormonal) toxicity.

**Titanium dioxide** and zinc oxides are ingredients found in many sunscreens. They are minerals that block UV radiation by reflecting the sun’s rays away from the skin. These ingredients are often in the form of very tiny particles called nanoparticles or micronized particles. Comparatively little is known regarding potential health effects of nanoparticles. They do not penetrate healthy skin, and thus appear to pose a low health risk in lotions. Inhalation of powders and sprays is a concern. Please note: some sunscreen chemicals have been found to pass through the skin and mimic the effects of estrogen, which may disrupt the delicate balance of the body’s natural hormones.

**ALERT: Huntington Breast Cancer Action Coalition, Inc. (HBCAC) Does not Tele-market or Solicit**

HBCAC has no association with any groups or organizations that hire telemarketers! If you receive a call soliciting donations …

**Ask Specific Questions:**

*Are you a volunteer or a paid telemarketer?*

*Where is your office located & what is your office telephone number?*

*How much funds go to support breast cancer programs and services?*

HBCAC has been serving our community for 20 years and will continue providing free breast health support services, products and programs to those affected by breast cancer. If you receive a phone call, please be aware that this group is not the Huntington Breast Cancer Action Coalition, Inc.
PAGE OF CHAMPIONS

HBCAC applaud the following contributions from individuals, organizations and agencies that have supported our mission:


HBCAC acknowledges the tribute donations received in loving memory of Catherine DeNoto

PATRONIZE OUR SUPPORTERS

A Personal Touch Boutique
80 Larkfield Rd., E. Northport

A Rise Above Bakery
333 Main St., Huntington

American Portfolio Financial Serv.
4250 Vet Memorial Hwy, Holbrook

Arkwin Industries,
686 Main Street, Westbury

Astoria Federal Savings
3105 Hempstead Tpke., Levittown

BeJeweled by Laura and JoAnn
www.embraceableyou.org, Greenlawn

Damian Barker Graphic Designs
746 New York Ave., Huntington

Citi Private Bank
666 Fifth Avenue, 6th floor, NYC

Edge Electronics
75 Orville Dr., Bohemia

Elite Elevator
118 Fulton Ave., Garden City

Eventide Group
20 Peachtree Ct., #103L, Holbrook

Friedman & Friedman Insurance
900 Merchants Concrrse., Westbury

Graf Insurance Agency
1573 New York Ave., Hunt. Sta.

Hopeful Stars
34 E. Main St., Huntington

Huntington Business Products
339 Main St., Huntington

Islandguide.com
PO Box 432, Greenlawn

Huntington Honda / West
1055 East Jericho Tpke., Huntington

Insight Companies, Inc.
125 E. Bethpage Rd., Plainview

Kim E. Courtney Interiors & Design
Huntington Bay

Kinloch Consulting Group, Inc.
25 Melville Park Rd. #260, Melville

Macy’s
2 Veterans Hwy., Commack

Marshs
270 Main St., Huntington

Mayfair DJF
7947 Jericho Tpke., Woodbury

Margolin, Winer & Evens, LLP
400 Garden City Plaza, Garden City

Nussbaum, Yates, Berg, Klein & Wolpow, LLP
445 Broadhollow Rd., #319, Melville

Prime Restaurant
117 New York Ave., Huntington

Promotional Insights
746 New York Ave., Huntington

Raymond James & Associates, Inc.
1300 Walt Whitman Rd., Melville

Reckson Realty Corp.
225 Broadhollow Rd., Melville

Runways for Charity Boutique
529D Lake Ave., St. James

Samara S.Churgin, MD
661 Deer Park Ave., Babylon

Spa Adriana
266 Main St., Huntington

State Farm-Mandell Smith Agency
31 Vanderbilt Motor Pkwy., Commack

The Melting Pot
Rte. 110, Farmingdale

The Look
12 Gates St., Greenlawn, NY

The Meltzer Lippe Foundation
190 Willis Ave., Mineola

WALK 97.5 FM Radio
66 Colonial Dr., Patchogue

V. Garofalo Carting, Inc
926 Crooked Hill Rd., Brentwood

YMCA of Huntington
60 Main St., Huntington
What is the Cancer Services Program? The New York State Department of Health Cancer Services Program (CSP) oversees the delivery of comprehensive breast, cervical and colorectal cancer screening services to underserved populations in New York State through contractual agreements with local community-based organizations known as partnerships.

What is the Medicaid Cancer Treatment Program? The Medicaid Cancer Treatment Program (MCTP) is a Medicaid program for eligible persons who are found to be in need of treatment for breast, cervical, colorectal or prostate cancer (and in some cases precancerous conditions of these cancers).

To enroll in the Breast and Cervical Cancer Treatment Program, Medicaid program for low income women without health insurance. Call 866-442-CANCER (2262)/ For more information about cancer screening http://www.health.ny.gov/diseases/cancer/services/.


In an effort to reduce our carbon footprint, we are collecting email addresses on our HBCAC facebook.

To receive e-newsletters and e-alerts click join my list or email us at friends@hbcac.org. http://www.facebook.com/pages/Huntington-Breast-Cancer-Action-Coalition-HBCAC

The YMCA of Huntington

Offering a free 12 week program for cancer survivors

LIVESTRONG at the YMCA … can help regain physical health & energy after undergoing treatment.
Contact Tina Graziose (631) 421-4242 x133 or LIVESTRONG Coaches x222
YMCA is located at 60 Main Street, Huntington village

Do You or Someone You Know ... Need A Hand?
Do You Need Someone to Lean On?
Lend A Helping Hand can help!

Medical Transportation; House Cleaning; Food Assistance; Physical Therapy; Emergency Prescriptions; And more …

If you are a Huntington Township resident undergoing breast cancer treatment
We are only a phone call away
(631) 547-1518
We are a not-for-profit grassroots organization dedicated to the ultimate eradication of breast cancer through education and awareness. Our mission is to focus on prevention methods while actively helping those who are faced with a positive diagnosis.

Huntington Breast Cancer Action Coalition
Mailing Address: P.O. Box 1446, Huntington, NY 11743
www.hbcac.org	631.547.1518

“Change happens when people get involved.”